

Native Fruit Plants of the Pacific Northwest and Puget Sound Region

List of Pacific Northwest Edible Native Fruits (and a few non-edible)

Compiled by Michael Pilarski for his December 14, 2024, Seattle Tree Fruit Society talk

Oregon-grape

Tall Oregon-grape, *Mahonia aquifolium*

Low Oregon-grape, *M. nervosa*

Creeping Oregon-grape, *M. repens*

Elderberry

Blue Elderberry, *Sambucus cerulea*

Red Elderberry, *Sambucus racemosa*

Pome fruits

Pacific Crabapple, *Malus fusca*

Serviceberry, *Amelanchier alnifolia*

Black Hawthorn, *Crataegus douglasii*

Suksdorf's Hawthorn, *C. gaylussacia*

Okanogan Hawthorn, *C. okanaganensis*

Mountain Ash, *Spiraea*

Peafruit Rose, *Rosa pisocarpa*

Nootka rose, *R. nutkana*

Baldhip rose, *Rosa gymnocarpa*

Woods Rose, *Rosa woodsii*

The *Rubus* cane fruits

Dewberry, Pacific Trailing Blackberry (*Rubus ursinus*)

Raspberry, *R. idaeus*

Cloudberry, *R. chamaemorus*

Thimbleberry, *R. nutkanus* (syn *R. parviflorus*)

Salmonberry, *Rubus spectabilis*

Blackcap Raspberry, *R. leucodermis*

Nagoonberry, *R. arcticus*

Five-leaved Blackberry, *R. pedatus*

Snow Dewberry, *R. nivalis*

Fragaria/Strawberry

Woodland Strawberry, *Fragaria vesca*

Mountain Strawberry, *F. virginiana*

Coastal Strawberry, *F. chiloensis* subsp, *pacifica*

The garden strawberry is a hybrid between *F. virginiana* and *F. chiloensis* subsp, *chiloensis* from southern South America.

Prunus

Chokecherry, *Prunus virginiana*

Klamath Plum, *P. subcordata* var. *subcordata*

Rhamnaceae

Russet Buffaloberry, *Shepherdia canadensis*

Silver Buffaloberry, *S. argentea*),

California Bayberry, *Myrica californica*

Cascara, *Rhamnus purshiana*

Ericaceae

Salal, *Gaultheria shallon*

Manzanita, *Arctostaphylos columbiana*

Kinnikinnik, *Arctostaphylos uva-ursi*

Pine-mat Manzanita, *Arctostaphylos nevadensis*

Green-leaf Manzanita, *A. patula*

Madrone, *Arbutus menziesii*

Vaccinium

Mountain Huckleberry, *Vaccinium membranaceum*

European Bilberry, *V. myrtillus*

Small Cranberry, *V. oxycoccus*

Dwarf Blueberry, *V. caespitosum*

Evergreen Huckleberry, *V. ovatum*

Red Huckleberry, *V. parvifolium*

Bog Blueberry, *V. uliginosum*

Grouse Whortleberry, *V. scoparium*

Cascade Huckleberry, *V. deliciosum*

Oval-leaved Huckleberry *V. ovalifolium*

Alaska Blueberry. *V. alaskense*

Velvet-leaved Blueberry, *V. myrtilloides*

Lingonberry, *V. vitis-idaea* (in SW BC, circumboreal)

Large Cranberry, *V. macrocarpon* (non-native, escaped)

Ribes

Gold Currant, *Ribes aureum*
Wax Currant, *R. cereum*
Northern Black Currant, *Ribes hudsonianum*
Coastal Black Currant, *Ribes divaricatum*
Stink Currant, *R. bracteosum*
Red-Flowering Currant, *R. sanguineum*

Cornus

Bunchberry, *Cornus canadensis*
Red Osier Dogwood, *C. sericera*

Viburnaceae

Highbush Cranberry, *Viburnum trilobum*, *Viburnum edule*

Conifers

Pacific Yew, *Taxus brevifolia*
Common Juniper, *Juniperus communis*
Western Juniper, *Juniperus occidentalis*

Liliaceae

Fairy Bells, *Prosartes hookeri*, *P. smithii*, *P. parvifolia*
False Solomon's Seal, *Smilacina racemosa*
Twisted Stalk, *Streptopus amplexifolius*

Ginseng Family

Devil's Club, *Oplopanax horridus*

Sandalwood Family

Bastard Toadflax, *Comandra umbellata*

Misc.

Osoberry/Indian Plum, *Oemleria cerasaformis*
Sumac, *Rhus glabra*
Brittle Prickly Pear Cactus, *Opuntia fragilis*
California Bay/Oregon Myrtle, *Umbellularia californica*
Sarsparilla, *Aralia nudicaulis*

Sources for Native Fruit Plants of the Puget Sound Region

Compiled by Melinda McBride

Plant listings were checked December, 2024. Availability varies. Some sources may add species not listed here. Many popular varieties sell out quickly. Check with source to ensure availability.

Please Note: Fruits of some of these plants may be toxic when unripe or raw. Others may be bitter or not very palatable to modern tastes. Please research before you try them.

Some Nurseries Selling Puget Sound Native Fruit Plants

Here are a few of the nurseries that sell Puget Sound Native Fruit Plants. An internet search for the species you are looking for will likely turn up more.

Burnt Ridge Nursery

<https://www.burntridgenursery.com>

Raintree Nursery

<https://raintreenursery.com>

Johnathan's Garden Nursery & Farm

<https://johannsgarden.square.site>

Inside Passage Seeds

<http://www.insidepassageseeds.com>

Seeds for many native fruit shrubs if you want to try to start your own.

Oxbow Farm & Conservation Center

<https://www.oxbow.org>

MsK Nursery at Kruckeberg Botanical Garden

<https://www.kruckeberg.org/msk-nursery/>

Varied selection at their retail nursery plus annual Mother's Day sale and several specialty sales per year.

SER-UW Native Plant Nursery

<https://sites.uw.edu/seruwnursery>

Fall native plant sale in October. Online ordering and in-person sales.

Swanson's Nursery

<https://www.swansonnursery.com/>

Varied selection of native fruit plants commonly used in landscapes.

Friendly Native Plants

<https://www.friendlynatives.net>

Go Natives! Nursery

<https://gonativesnursery.com>

Woodbrook Native Plant Nursery

<https://woodbrooknativeplantnursery.com>

Hima Nursery Inc.

<https://www.himanursery.com/>

Tadpole Haven Native Plants

<https://tadpolehaven.com/>

Woods Creek Nursery

<https://www.woodscreeknursery.com/>

West Seattle Nursery

<https://www.westseattlenursery.com>

Selection of native fruit plants commonly used in landscapes.

One Green World

<https://onegreenworld.com>

Available Plants and Sources

Common Name	Binomial	Sources
Western Serviceberry/Saskatoon	<i>Amalanchier alnifolia</i>	Friendly Native Plants, Go Natives! Nursery, Hima Nursery Inc., Woodbrook Native Plant Nursery
Kinnikinnick/Bearberry	<i>Arctostaphylos uva-ursi</i> 'Vancouver Jade'	Johnathan's Garden Nursery & Farm
Kinnikinnick/Bearberry	<i>Arctostaphylos uva-ursi</i>	Go Natives! Nursery, Hima Nursery Inc., Tadpole Haven Native Plants, Woodbrook Native Plant Nursery, Woods Creek Nursery

Common Name	Binomial	Sources
Tall Oregon Grape	<i>Berberis/Mahonia aquifolium</i>	Friendly Native Plants, Go Natives! Nursery, Hima Nursery Inc., Johnathan's Garden Nursery & Farm, One Green World, Tadpole Haven Native Plants, Woodbrook Native Plant Nursery, Woods Creek Nursery
Cascade/Low/Dull Oregon Grape	<i>Berberis/Mahonia nervosa</i>	Burnt Ridge Nursery, Friendly Native Plants, Go Natives! Nurser, Hima Nursery Inc., Woodbrook Native Plant Nursery, Woods Creek Nursery
Creeping Oregon Grape	<i>Berberis/Mahonia repens</i>	Burnt Ridge Nursery, Friendly Native Plants, Go Natives! Nursery, Hima Nursery Inc., One Green World, Woodbrook Native Plant Nursery
Bunchberry/Creeping Dogwood	<i>Cornus canadensis</i>	Burnt Ridge Nursery, Go Natives! Nursery, Woodbrook Native Plant Nursery
Pacific Dogwood	<i>Cornus nuttalli</i>	Woodbrook Native Plant Nursery
Black/Western/Douglas Hawthorn	<i>Crataegus douglasii</i>	Burnt Ridge Nursery, Friendly Native Plants, Go Natives! Nursery, Oxbow Farm & Conservation Center, Woodbrook Native Plant Nursery, Woods Creek Nursery
Wild/Beach/Coastal Strawberry	<i>Fragaria chiloensis</i>	Go Natives! Nursery, One Green World, Raintree Nursery, Tadpole Haven Native Plants, Woodbrook Native Plant Nursery
Woodland Strawberry	<i>Fragaria vesca subsp. Bracteata</i>	Johnathan's Garden Nursery & Farm

Common Name	Binomial	Sources
Woodland Strawberry	<i>Fragaria vesca</i>	Go Natives! Nursery, Tadpole Haven Native Plants, One Green World, Woodbrook Native Plant Nursery, Woods Creek Nursery
Wild/Virginia/Mountain Strawberry	<i>Fragaria virginiana</i>	Go Natives! Nursery, Oxbow Farm & Conservation Center, Woodbrook Native Plant Nursery
Salal	<i>Gaultheria shallon</i>	Burnt Ridge Nursery, Friendly Native Plants, Go Natives! Nursery, Hima Nursery Inc., Johnathan's Garden Nursery & Farm, One Green World, Raintree Nursery, Woodbrook Native Plant Nursery, Woods Creek Nursery
Pacific/Swamp Crabapple	<i>Malus/Pyrus fusca</i>	Burnt Ridge Nursery, Friendly Native Plants, Go Natives! Nursery, Hima Nursery Inc., Oxbow Farm & Conservation Center, Woodbrook Native Plant Nursery
Oso Berry/Indian Plum	<i>Oemleria/Osmaronia cerasiformis</i>	Go Natives! Nursery, Hima Nursery Inc., One Green World, Woodbrook Native Plant Nursery, Friendly Native Plants
Brittle Prickly-Pear Cactus	<i>Opuntia fragilis</i>	Woodbrook Native Plant Nursery
Bitter Cherry	<i>Prunus emarginata</i>	Woodbrook Native Plant Nursery
Chokecherry	<i>Prunus virginiana</i>	Woodbrook Native Plant Nursery
Golden/Yellow Currant	<i>Ribes aureum</i>	Burnt Ridge Nursery, Friendly Native Plants, Go Natives! Nursery, Woodbrook Native Plant Nursery

Common Name	Binomial	Sources
Stink Currant	<i>Ribes bracteosum</i>	Friendly Native Plants, Go Natives! Nursery, Woodbrook Native Plant Nursery
Coast Black Gooseberry	<i>Ribes divaricatum</i>	Burnt Ridge Nursery, Go Natives! Nursery
Black Gooseberry	<i>Ribes lacustre</i>	Friendly Native Plants
White Flowering Currant	<i>Ribes sanguineum var. album</i>	Johnathan's Garden Nursery & Farm
Red/Pink Flowering Currant	<i>Ribes sanguineum</i>	Burnt Ridge Nursery, Friendly Native Plants, Go Natives! Nursery, Hima Nursery Inc., Johnathan's Garden Nursery & Farm, One Green World, Woodbrook Native Plant Nursery, Woods Creek Nursery
Baldhip/Small Fruit Rose	<i>Rosa gymnocarpa</i>	Go Natives! Nursery Hima Nursery Inc. Woodbrook Native Plant Nursery Woods Creek Nursery
Nootka Rose	<i>Rosa nutkana</i>	Friendly Native Plants, Go Natives! Nursery, Hima Nursery Inc., Tadpole Haven Native Plants, Woodbrook Native Plant Nursery
Cluster/Peafruit/Swamp Rose	<i>Rosa pisocarpa</i>	Friendly Native Plants, Go Natives! Nursery, Hima Nursery Inc., Woodbrook Native Plant Nursery
Woods Rose	<i>Rosa woodsii</i>	Go Natives! Nursery, Hima Nursery Inc.
Olympic Berry Hybrid	<i>Rubus × loganobaccus × 'Phenomenal' × leucodermis</i>	Raintree Nursery
Blackcap/Whitebark Raspberry	<i>Rubus leucodermis</i>	Friendly Native Plants, Go Natives! Nursery, Tadpole Haven Native Plants, Woodbrook Native Plant Nursery

Common Name	Binomial	Sources
Thimbleberry	<i>Rubus parviflorus</i> 'Walking Joy'	Johnathan's Garden Nursery & Farm
Thimbleberry	<i>Rubus parviflorus</i>	Friendly Native Plants, Go Natives! Nursery, Hima Nursery Inc., One Green World, Raintree Nursery, Woodbrook Native Plant Nursery
Salmonberry	<i>Rubus spectabilis</i>	Friendly Native Plants, Go Natives! Nursery, Hima Nursery Inc., One Green World, Raintree Nursery, Tadpole Haven Native Plants, Woodbrook Native Plant Nursery, Woods Creek Nursery
Cascade Blackberry Hybrid	<i>Rubus ursinus</i> × <i>loganberry</i> 'Cascade'	Raintree Nursery
Pacific Trailing Blackberry/Dewberry	<i>Rubus ursinus</i>	Friendly Native Plants, Go Natives! Nursery, Tadpole Haven Native Plants, Woodbrook Native Plant Nursery
Red Elderberry	<i>Sambucus racemosa</i> ssp. <i>pubens</i>	One Green World
Red Elderberry	<i>Sambucus racemosa</i>	Friendly Native Plants, Go Natives! Nursery, Hima Nursery Inc., Woodbrook Native Plant Nursery, Woods Creek Nursery
Soapberry/Russet Buffaloberry	<i>Shepherdia canadensis</i>	Go Natives! Nursery, Woodbrook Native Plant Nursery
Black/Mountain Huckleberry	<i>Vaccinium membranaceum</i>	Friendly Native Plants, Go Natives! Nursery, Woodbrook Native Plant Nursery
Oval-Leafed Blueberry	<i>Vaccinium ovalifolium</i>	Oxbow Farm & Conservation Center, Tadpole Haven Native Plants

Common Name	Binomial	Sources
Evergreen Huckleberry	<i>Vaccinium ovatum</i>	Burnt Ridge Nursery, Friendly Native Plants, Go Natives! Nursery, Johnathan's Garden Nursery & Farm, One Green World, Oxbow Farm & Conservation Center, Raintree Nursery, Woodbrook Native Plant Nursery, Woods Creek Nursery
Red Huckleberry	<i>Vaccinium parvifolium</i>	Friendly Native Plants, Go Natives! Nursery, Hima Nursery Inc., Woodbrook Native Plant Nursery
Bog Blueberry	<i>Vaccinium uliginosum</i>	Woodbrook Native Plant Nursery

Native Plant Sales

Popular varieties sell out fast. Mark these on your calendar and get there early for best selection.

Most conservation districts have annual native plant sales. Conservation district plant sales are pre-order for later pick up and usually bulk (bundles of 5 or 10 plants). Order early for best selection. You can get good buys on bundles of 5 or 10 bare-root plants or plugs if you order early.

Oxbow Farm & Conservation Center

<https://www.oxbow.org>

Spring and Fall plant sales.

Arboretum Foundation

<https://arboretumfoundation.org/events/>

Spring and Fall plant sales.

Washington Native Plant Society Chapters

<https://www.wnps.org/native-gardening/plant-sales>

King Conservation District

<https://kingcd.org/programs/better-backyards/native-bareroot-plant-sale/>

Snohomish Conservation District Plant Sale

<https://www.theplantsale.org/>

Pierce Conservation District Plant Sale

<https://www.piercenativeplantsale.net/>

MsK Nursery at Kruckeberg Botanical Garden

<https://www.kruckeberg.org/msk-nursery/>

Annual Mother's Day sale and several specialty sales per year.

SER-UW Native Plant Nursery

<https://sites.uw.edu/seruwnursery>

Fall native plant sale in October.

Resources

<https://kingcounty.gov/en/dept/dnrp/nature-recreation/environment-ecology-conservation/yard-garden/native-plants/native-plant-nurseries-washington>

<https://pnwplants.wsu.edu>

<https://nativeplantspnw.com>

<https://realgardensgrownatives.com/>

<https://www.wnps.org/>

<https://www.wnps.org/native-plant-directory>

Gunther, Erna and Jeanne R. Janish, *Ethnobotany of Western Washington—The Knowledge and Use of Indigenous Plants by Native Americans*, University of Washington Press, 2003 (earlier editions available)

Kirk, Donald R., *Wild Edible Plants of the Western United States*, Naturegraph Publishers, Nealdsburg, CA, 1975

Kruckeberg, Arthur R., *Gardening with Native Plants of the Pacific Northwest*, University of Washington Press, 2019 (earlier editions available)

People of 'Ksan, *Gathering What the Great Nature Provided: Food Traditions of the Gitksan*, University of Washington Press, 1980

Turner, Nancy J. and Royal British Columbia Museum, *Food Plants of Coastal First Peoples*, University of Washington Press, Seattle, August, 1997